

8th Annual Iowa Falls Prevention Coalition Symposium

PREVENTION WEEK: Community Connections to Prevent Falls

SEPTEMBER 20-21, 2022 • VIA ZOOM



Schedule of Events

Purpose

To enhance the fall prevention knowledge of professionals caring for older adults in a variety of care settings.

Who Should Attend?

Health care practitioners interested in falls prevention.

Registration

All attendees must register for the symposium online. There is no registration fee. Please use Google Chrome to open the link.

Registration link: <https://uiowa.cloud-cme.com/Form.aspx?FormID=4585>

Continuing Education Credits

Partial credit will be awarded; in the evaluation, attendees must fill in how many hours of presentations they watched on September 20th and 21st. Each hour of content watched by the attendee counts for 1.0 CE. Each attendees' full name must appear in their Zoom window.

Nursing credit The University of Iowa College of Nursing is an Iowa Board of Nursing provider #1. With full time attendance for all the sessions, 6.0 contact hours will be awarded.

Cancellation

To cancel your registration, contact:

Please contact Molly James, molly-james@uiowa.edu.

Tuesday, Sept 20

1- 2 p.m. KEYNOTE

What Matters Most:

A Guidepost to Care Across the Continuum

Marianne Smith, PhD, RN, FAAN

Objectives:

1. Describe What Matters as a guiding principle of Age-Friendly Care.
2. Discuss approaches to address older adult's priorities (What Matters) across care settings.

Marianne Smith is an Associate Professor and Project Director of the Geriatric Workforce Enhancement Program that supports the Iowa Geriatric Education Center. Dr. Smith has over 40 years' experience as a geropsychiatric nurse specialist, workforce educator, and nurse researcher.

2 - 3 p.m.

Pitfalls of Diabetes Mellitus: how hypoglycemia and microvascular complications can lead to injury

Abbey Modlin ARNP, DNP

Objectives:

1. Identify the reasons why patients with diabetes are at an increased risk of falling.
2. Discuss ways to reduce risk of falls in the diabetic population.

Abbey Modlin, is a nurse practitioner at MercyOne Diabetes and Endocrinology. Abbey primarily sees patients with diabetes, but also helps manage obesity, hypertension, hyperlipidemia, hypothyroidism and osteoporosis.

3 - 4 p.m.

Emergency 911 Community Paramedicine

Liz Ford, Paramedic

Objectives:

1. Describe how to connect with local Fire Departments to identify patients for follow-up.
2. Identify referral opportunities to help decrease repeated falls.

Liz Ford spent 40 years providing EMS in Sioux City, and 30 years in flight, ICU, and ER nursing.

Wednesday, Sept 21

9 - 10 a.m.

Preventing Falls in Transitions of Care

Jennifer Rouse, PT, DPT, GCS, certified exercise expert for the aging adult (MercyOne Physical Therapist)

Nicole Aldrich, MSN, RN (MercyOne Population Health Acute & Post-Acute Program Manager)

Objectives:

1. Explain the multidisciplinary approach to evaluation of needs during transitions within the continuum of care.
2. Define the multidisciplinary team who creates the personalized care plan for each patient going through the transition.
3. Describe the multidisciplinary process to develop the safest discharge plan and identify appropriate community resources.
4. Illustrate examples of community resources used to create the personalized care plan.

Jennifer Rouse, PT, DPT, GCS is a certified exercise expert for the aging adult and a MercyOne Physical Therapist

Nicole Aldrich, MSN, RN is the MercyOne Population Health Acute & Post-Acute Program Manager

10 - 11 a.m.

Stability Matters

Stacy Koenigs, PT, MPT

Objectives:

1. Discuss how community based programs can partner with physical therapists in the area to assure safety in community ambulation and daily activities.
2. Identify the red flags that indicate a person should be formally assessed by a physical therapist.

Stacy Koenigs, PT, MPT is a physical therapist with Rock Valley Physical Therapy in Des Moines and Ankeny. She specializes in pelvic health physical therapy and enjoys creating balance and stability programs for patients to reduce fall risk and improve function.

11 a.m. - 12 p.m.

The Importance of Regular Vision Care in Fall Prevention

Mark Wilkinson, OD, FAAO

Objectives:

1. Discuss how visual functioning changes with age.
2. Discuss mobility considerations for individuals with vision loss.

Mark Wilkinson OD, FAAO is a clinical professor of ophthalmology and visual sciences and is the director of the UI Vision Rehabilitation Service and the UI Carver Family Center for Macular Degeneration .

Contributors

