The Falls Prevention Connection

Issue 01 - October–December 2026
News, resources, and updates from the Iowa Falls Prevention Coalition

Action Plan in Action

Symposium Supports Action Plan Priorities

The 12th Annual Iowa Falls Prevention Coalition (IFPC) Virtual Symposium brought together 122 attendees on September 24 during Falls Prevention Awareness Week. The event provided an opportunity for professionals working with older adults across various care settings to learn and share insights on important topics, including bone health, cross-sector partnerships, fall resilience, brain injuries and falls, and food as medicine. The symposium directly supports the IFPC's 2025–2027 Action Plan by expanding professional education, increasing falls prevention awareness, and strengthening collaboration across disciplines. These efforts help build a more informed and connected network of professionals working to prevent falls across Iowa.

Coalition Connection

Highlighting the people, partners, and communities making a difference across Iowa.

Building Local Falls Prevention Networks Across Iowa

Communities across Iowa now have more opportunities to collaborate on falls prevention closer to home. In 2026, five new local coalitions completed a learning collaborative and began holding ongoing meetings, building a combined network of 67 members. These partnerships have expanded programming opportunities and access to falls prevention education for older adults. Moving forward, the coalitions will serve as local coordination points to strengthen community-clinical linkages, grow membership, expand screenings, and support evidence-based programming. Learn more at: https://iacommunityhub.org/iafallscoalition/

Learn & Engage

Educational opportunities & ways to get involved

Stepping On Facilitator Training

The Iowa Community HUB, in partnership with University of Iowa Health Care, will offer a Stepping On Facilitator Training at no cost to participating organizations this December. Stepping On is an evidence-based falls prevention program that helps older adults reduce their risk of falling, build confidence, and maintain independence. We are seeking organizations interested in becoming Stepping On program sites and training staff to deliver this valuable program in their communities. **Participating organizations must have at least two staff members complete the training. Interested in learning more?** Contact Trina Radske-Suchan at tsuchan@iacommunityhub.org.

What's New & What's Next

Funding Awarded to Strengthen Falls Prevention

The Iowa Community HUB has been awarded an Administration for Community Living (ACL) grant to expand the Stepping On falls prevention program and use of the CDC's STEADI fall risk screening tool through statewide partnerships!

Save the Date: November IFPC Meeting

Join us on ***November 12, 2026, from 8:30–10:00 a.m. CST*** for the next opportunity to connect with coalition members, reflect on the past year, and look ahead to falls prevention efforts in Iowa in 2027. **Click here to join the meeting.**

IFPC Bulletin Board

Diabetes Wellness Summit

Older adults with diabetes have a 59% to 63% higher risk of falling compared to those without diabetes. Click here to register for the Diabetes + Wellness Summit on November 18th in Ankeny.

Update Your IFPC Member Information

Current member? Help us keep your information and communication preferences up to date. Click here to update your information.

Interested in Joining IFPC?

Complete the *New Member Form* to stay connected and get involved. Click here to join IFPC.

Help Shape Future FPAW Efforts

If you or your organization hosted, participated in, promoted, or supported a Falls Prevention Awareness Week activity, please complete the FPAW survey by October 30, 2026. Your feedback will help capture this year's activities and inform future FPAW efforts across Iowa. **Click here to fill out the survey.**

Stay Connected with IFPC

For more information about the Iowa Falls Prevention Coalition, upcoming events, resources, and ways to get involved, visit the **IFPC website:** **https://iacommunityhub.org/iafallscoalition/**

Questions about the Newsletter or Membership?

Reach out to Morgan Gjerde-Bogle
IFPC Intern & Membership and Engagement Committee Co-Chair
Email: mgjerde-bogle@iacommunityhub.org
Become an IFPC Member: New Member Form link
Update Your Membership Information: Member Update Form link