The Falls Prevention Connection

News, resources, and updates from the Iowa Falls Prevention Coalition

October-December 2026

Issue 1

ACTION PLAN IN ACTION

Symposium Supports Action Plan Priorities

The 12th Annual Iowa Falls Prevention Coalition (IFPC) Virtual Symposium brought together 122 attendees on September 24 during Falls Prevention Awareness Week. The event provided an opportunity for professionals working with older adults across various care settings to learn and share insights on important topics, including bone health, cross-sector partnerships, fall resilience, brain injuries and falls, and food as medicine. The symposium directly supports the IFPC's 2025–2027 Action Plan by expanding professional education, increasing falls prevention awareness, and strengthening collaboration across disciplines. These efforts help build a more informed and connected network of professionals working to prevent falls across Iowa.

Coalition Connection

Highlighting the people, partners, and communities making a difference across Iowa

Communities across Iowa now have more opportunities to collaborate on falls prevention closer to home. In 2026, five new local coalitions completed a learning collaborative and began holding ongoing meetings, building a combined network of 67 members. These partnerships have expanded programming opportunities and access to falls prevention education for older adults. Moving forward, the coalitions will serve as local coordination points to strengthen community-clinical linkages, grow membership, expand screenings, and support evidence-based programming.
Learn more: https://iacommunityhub.org/iafallscoalition/

LEARN ENGAGE

EDUCATIONAL OPPORTUNITIES & WAYS TO GET INVOLVED

Stepping On Facilitator Training

The Iowa Community HUB, in partnership with University of Iowa Health Care, will offer a Stepping On Facilitator Training at no cost to participating organizations this December. Stepping On is an evidence-based falls prevention program that helps older adults reduce their risk of falling, build confidence, and maintain independence. We are seeking organizations interested in becoming Stepping On program sites and training staff to deliver this valuable program in their communities. Participating organizations must have at least two staff members complete the training. Interested in learning more? Contact Trina Radske-Suchan at tsuchan@iacommunityhub.org.

What's New !!

Funding Awarded to Strengthen Falls Prevention

The Iowa Community HUB has been awarded an Administration for Community Living (ACL) grant to expand the Stepping On falls prevention program and use of the CDC's STEADI fall risk screening tool through statewide partnerships!

What's Next ???

Save the Date: November IFPC Meeting

Join us on ***November 12, 2026, from 8:30–10:00 a.m. CST*** for the next opportunity to connect with coalition members, reflect on the past year, and look ahead to falls prevention efforts in Iowa in 2027.

ACL Article

CDC's STEADI Fall Risk Screening Tool

Diabetes & Wellness Summit

IFPC Meeting Link

BULLETIN

Interested in Joining IFPC?
Join IFPC Today!

Want to Update Your Member Info?
Update Your Information

2026 FPAW Survey
Did you or your organization host, participate in, or support a Falls Prevention Awareness Week activity? **Please click here to complete the survey by October 30, 2026.**

Diabetes Wellness Summit
Older adults with diabetes have a 59% to 63% higher risk of falling compared to those without diabetes.

Register for the Diabetes + Wellness Summit on November 18th in Ankeny.

Update IFPC Member Information

Join IFPC

Stay Connected with Iowa Falls Prevention Coalition

https://iacommunityhub.org/iafallscoalition/

IFPC Outreach & Engagement Committee Coordinator - Morgan Gjerde-Bogle
mgjerde-bogle@iacommunityhub.org