

Sign up for a FREE Fall Prevention Screening!

Did you know?

Falls are the **leading cause of injury and injury death**

among adults ages 65 and over

More than **1 in 4** older adults fall each year leading to

36,000 deaths

3M emergency department visits

1M hospital stays

Older adult falls result in more than

\$50 billion

in **medical costs** every year. **Medicare and Medicaid** shoulder

75%

of these costs

The Story County Fall Prevention Coalition is sponsoring **FREE fall prevention screenings for older adults in Story County**. The screenings will be conducted by the Iowa State Walk with Ease Research Team and participants will be guided on strategies to reduce fall risk.

The sessions are **20 minutes long** and involve a short survey and completing a few physical assessments.



How do I sign up?

Reserve your time by emailing abbiec@iastate.edu

The Fall Risk Screening event is being held at 60 FWD (205 S. Walnut Ave Ames IA). From 2-4pm Sept 18th.