



Who Are We?

CHPcommunity is a nonprofit organization in Iowa building a statewide care coordination system called the Community HUB ('HUB') to support disease prevention and improve individual health outcomes.

The HUB is supported by a network of community partners that recognize the importance of community care coordination. Community care coordination is defined as the coordination of services provided outside the health care system for the prevention and management of chronic disease. The HUB brings together the efforts of clinic and community partners by connecting people to the programs and organizations that improve community health and helps to increase the capacity of organizations to offer these programs and services.

If you are a community-based organization looking for help to implement, expand, and/or sustain your health promotion program, email Trina Radske-Suchan at tsuchan@chpcommunity.org and learn more about how the HUB can support your efforts.

Find us on [Facebook!](#)

Partner Spotlight: Healthy LifeStars

Healthy LifeStars is a national nonprofit organization dedicated to ending childhood obesity through education, awareness and changed habits to influence future generations of healthy children.

Iowa is ranked 30 among the 51 States and Territories for childhood obesity. Healthy LifeStars and the Iowa Institute of Public Health Research and Policy are partnering to implement the Healthy LifeStars program in Iowa. To learn more: [Healthy LifeStars](#)

Contact the HUB at info@chpcommunity.org.



Eat Well: Grow an Extra Row

In 2022, we will engage with diverse populations to learn new ways to encourage inclusion, diversity, equity, and access to nutrition education to help reach underserved populations. The Eat Well Task Force will also work to enhance food recovery efforts by supporting community/school gardens and connect distribution with needs in the community. By expanding the "Grow an Extra Row" campaign, we will be able to connect community growers with local pantries, as well as partner with "Eat Greater Des Moines" to help increase participation in food recovery projects. If you have any questions, or would like to get involved, please contact Adria Huseeth, RDN, LDN, CPT, Eat Well Coordinator, for more information: ahuseeth@chpcommunity.org



Move More: Walk with Ease

In an effort to help people manage pain, improve balance and strength, as well as become more physically active, Iowa State University and CHPcommunity are collaborating to provide the Arthritis Foundation's 'Walk With Ease' program. In this 6-week program, individuals will begin walking regularly, gain confidence in managing barriers to being physically active, learn how to develop a habit for walking and improve their quality of life. This program is for anyone who struggles with initiating and staying physically active. It's a program that fits into any schedule and environment. To learn more, go to [Walk With Ease](#).



Feel Better: Spotlight on Quitline Iowa

Quitline Iowa offers free, online courses to help physicians, registered nurses, treatment specialists, and pharmacists earn continuing education credits and prepare them to treat tobacco use in all patients. Health care professionals also have the opportunity to submit patient referrals to Quitline Iowa for individuals ages 13 and older. For more information, follow the [link](#).



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