

10th Annual Iowa Falls Prevention Coalition Symposium • 2024

PREVENTION WEEK: AWARENESS TO ACTION

SEPTEMBER 25, 2024 • 9 a.m. – 4 p.m.



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FallsFree
Iowa Falls Prevention Coalition

IOWA
HEALTH CARE

Purpose

To enhance the fall prevention knowledge of professionals caring for older adults in a variety of care settings.

Who Should Attend?

Health care practitioners interested in falls prevention.

Registration

All attendees must register for the symposium online. There is no registration fee. Please use Google Chrome to open the link. Registration link: <https://www.eventbrite.com/e/10th-annual-iowa-falls-prevention-coalition-symposium-2024-tickets-909762603437>

Cancellation

To cancel your registration, please contact Bailey Rickels, bailey-rickels@uiowa.edu.



Agenda

Each session is worth 1 CME credit.

9:00 a.m.

Falls: The Geriatric Trauma Surgeon Perspective

Richard A. Sidwell, MD, FACS, Trauma Surgeon, The Iowa Clinic

Objectives:

1. Understand the rising importance of falls at a high-level trauma center.
2. Describe the experience of recovery from a fall from a patient perspective.
3. Relate barriers to injury recovery for those from rural communities.

10:00 a.m.

A Podiatrist's Critical Role in Preventing Falls

Colleen Schwartz, DPM, Clinical Outreach Coordinator
Iowa State University / U-Turn

Objectives:

1. Identify common fall risk lower extremity pathology including balance and gait issues.
2. Describe lower extremity fall risk focused prevention recommendations including increased physical activity through walking and best shoe gear considerations.
3. Explain the role of podiatrists in the STEADI team approach to geriatric fall prevention.

11:00 a.m.

Story County Falls Coalition Model for Local Coalition Development

Colleen Schwartz, DPM, Clinical Outreach Coordinator
Iowa State University / U-Turn

AND

Greg Welk, PhD, Professor, Iowa State University / U-Turn

Objectives:

1. Describe how community members in Story County planned and launched the first county falls prevention coalition in Iowa.
2. Explain the structure and function of the Story County Falls Coalition model and how the model possibly can transfer to attendee's county.
3. Identify the function of each member and how a county model is critical to broaden state and national fall prevention initiatives.

12:00 p.m.

Lunch

1:00 p.m.

What is Community Paramedicine?

Brian Feist, BSN, RN, Senior Quality Improvement Facilitator, Telligen QI Connect™

Objectives:

1. Understand concepts of community paramedicine programs.
2. Discuss strategies for managing emergencies and providing appropriate care in the community setting.
3. Identify key takeaways and lessons learned from implementing community paramedicine programs through case studies.

2:00 p.m.

Fall Related Discharge Instruction Templates

Angela Shanahan, MSN, RN-BC, CNL
Goal Coordinator, Iowa Falls Prevention Coalition

Objectives:

1. Understand why fall related discharge instruction templates are beneficial for various changes in levels of care (hospital discharge, skill nursing facility discharge, Conclusion of Home Care)
2. List major risk factors for fall related readmission
3. Describe evidence-based interventions for fall risk reduction

3:00 p.m.

The Fall Facts: Understanding Fall-Related Injuries in Iowa

Toby Yak, PhD, MPH, Lead Epidemiologist
Iowa Department of Public Health

AND

Maggie Ferguson, MS, CRC, CBIST, Disability and Injury Prevention Programs Project Director, Iowa Health and Human Services (HHS) Public Health Division

Objectives:

1. Describe the significant impact of falls in Iowa, particularly on older adults, by analyzing fall prevalence data and associated healthcare burdens.
2. Discuss the fall-related problems faced by Iowa's communities, highlighting the populations most affected and the unique challenges they encounter.
3. Name a resource available to promote evidence-based fall prevention strategies in attendees' communities, empowering Iowans of all ages in live safely and independently.



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Commission on Dietetic Registration

the credentialing agency for the Academy of Nutrition and Dietetics



Dietitian: Completion of RD/DTR profession-specific or IPCE activity awards CPEUs (1 IPCE credits = 1 CPEU).

If the activity is dietetics related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (1 hour/60 minutes = 1 CPEU).

RDs and DTRs are to select activity type 102 in their Activity Logs. Performance Indicator selection is at the learner's discretion.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 6.0 ANCC contact hours.

Pharmacist and Pharmacy Tech: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this knowledge-based activity for a maximum of 6.0 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must provide their NABP ID and DOB (MMDD) to receive credit.

- Pharmacist UAN: JA0000310-0000-24-061-L05-P
- Pharmacy Tech UAN: JA0000310-0000-24-061-L05-T

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Worker: As a Jointly Accredited Organization, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 6.0 clinical continuing education credit(s).

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

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