

Story County Falls Prevention Coalition (SCFPC)

A community partnership to help reduce the risks and prevalence of falls in older adults

Fall 2023 Meeting (November 29, 2023)

Meeting Notes

Attendees:

- Eric Adelmund, Assistant Director Home Health/ Story County Public Health
- Matthew Aitchison, Executive Director Operations Mary Greeley Medical Center
- Amy Dagestad, Executive Director Inpatient Services Mary Greeley Medical Center
- Dr. Sherri Flugrad, Emergency Medicine Physician
- Dr. Michael Kitchell, Neurologist
- Roger Parker, CIO Mary Greeley Medical Center
- Matthew Peterson, Director of Rehabilitation and Wellness Mary Greeley Medical Center
- Lesla White, Story County Public Health
- Angela Simmering, Story County Extension
- Dr. Colleen Schwartz, ISU Clinical Integration Coordinator, KIN
- Dr. Greg Welk, ISU Distinguished Professor & Researcher, KIN
- Trina Radske-Suchan, Co-Chair Iowa Falls Prevention Coalition, Lead Iowa Community HUB
- Joy Doll, HUB Social Care Advisor

Welcome / Introductions

- General Welcome - Matt Aitchison for Amber Deardorff
- Background and History - Greg Welk
- Introductions - Colleen Schwartz

1. Iowa Falls Prevention Coalition – Trina Radske-Suchan

- See attached slides for History and Action Plans
 - Vision: Iowans will have fewer falls and fall related injuries, maximizing their independence and quality of life.
 - Mission: To facilitate collaboration among state, community, and healthcare system partners to reduce falls by building awareness, providing education and supporting implementation of falls prevention efforts.
- Welcomes additions to the state fall prevention coalition as well as state working groups
- Vision for Story County Falls Prevention Coalition as potential model for other counties in Iowa.

2. Walk With Ease Project – Greg Welk

- See attached slides for Overview of the Clinical Trial and Fall Risk Screening Model
- Funded CDC trial goals include evaluating the potential of Walk with Ease for falls prevention, building sustainable falls prevention programming and piloting strategies for clinical/ community integration.

3. Overview of the Iowa Community HUB – Trina Radske-Suchan and Joy Doll

- See attached slides for Update on Community Care Hubs and SDOH screening requirements
- HUB uses PRAPARE tool and can assist health systems with SDOH screening and referral

- HUB partners with Civitas Networks for Health, a national collaborative working with the Gravity Project validating standardized SDOH data and integration with EPIC

4. Update on Clinical and County Falls Prevention Efforts

- Inpatient / Primary Care – Matt Aitchison reviewed history and current best practices with fall prevention focus since 2010. Daily focus on falls prevention during rounds is standard practice and monthly meetings with coaching to discuss best practices and education is a part of the hospital's comprehensive approach. Working together on a county falls prevention coalition with evidence-based interventions is welcomed.
- Emergency Room – Tricia Colman shared the need for falls prevention in the community with falls being the number one cause of injury. She shared commitment from Dr. Flugrad and mentioned looking forward to promoting falls prevention referrals and education.
- Home Health / Story County Public Health – Les White / Eric Adelmund provided information focused on county falls prevention and do falls prevention screening on all patients. They mention the possibility of collaboration through technology. Senior Health Clinics on site are potential sites for falls prevention screening.
- Story County Extension has facilitated communications and promotions of falls screening and is working to formalize a county affiliation with the Iowa Community HUB.
- Physical Therapy – Matt Petersen reviewed the innovative falls prevention technologies such as virtual reality, use of balance platforms and vertigo specialists along with Walk With Ease research positioning Mary Greeley Medical Center with niche expertise.

5. Reflections and Open Discussion

- Goals & Roles

- Promote awareness of fall risk issues among clinicians, organizations and individuals
- Facilitate clinical / community integration to foster referrals and bidirectional feedback
- Establish procedures for monitoring and tracking fall risks and outcomes over time

- Discussions

- Dr. Welk shared plans and a flyer for the upcoming Falls Risk Screening event on January 9 (1:30-3:30 in Atrium A, MGMC) as an event of the Story County Falls Prevention Coalition.
- Dr. Welk mentioned an upcoming meeting with IT specialists from McFarland and MGMC to explore integration of the PA Vital Signs (PAVS) and the recommended PROMIS tools (Pain / Function) from the national arthritis care model. Formalized integration would enable direct referrals and bidirectional feedback for enhanced value-based care. The meeting is hosted by McFarland Clinic but feel free to contact Greg (qwelk@iastate.edu) if you want to be added to the attendee list to learn more about data/ Epic integration. (All)
- Dr. Kitchell asked about GUIDE (Guiding a New Dementia Experience Model). Discussion covered the importance and applications are due 1/20/2024 (for health systems applying, the HUB could potentially be a partner in grant activities). Here is a summary GUIDE which includes HRSN screening: <https://www.cms.gov/priorities/innovation/innovation-models/guide>. Contact Trina, tsuchan@iacommunityhub.org, for any HUB inquiries.

Wrap up

- Coalition provides opportunities for sustained collective impact. Please share information, resources, and ideas on what you and your team are accomplishing or wishes to accomplish between meetings. Please email Colleen Schwartz, colleen8@iastate.edu with your thoughts, event notifications and suggestions.

- Next meeting dates discussed. Matt Aitchison will work through MGMC for possible March, June, September, and December for 2024 scheduling. One hour suggested.
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Action Items

- 1.** Develop county-specific mission, vision and goals that align with the Iowa Falls Prevention Coalition. Suggest discussion next meeting about added community specific goals. Please send your ideas to Colleen. (All)
- 2.** Create separate tab / page on the Iowa Falls Prevention Coalition website for the Story County Falls Prevention Coalition to provide visibility and enable sharing and to promote falls prevention efforts by our county coalition. Contact Trina, tsuchan@iacommunityhub.org, if you would like to serve, in addition, on the state coalition. (Trina)
- 3.** Plan for clinical referrals through the HUB. U-TuRN and HUB team will coordinate on plans for facilitating clinical integration of PAVS and Promis indicators for the upcoming meeting. (Greg/Colleen/Trina/Joy)
- 4.** Promote January 9th Mary Greeley Medical Center Falls Prevention Screening Event. (All)
- 5.** Consider integrated approach for home health screens conducted by Homeward to enable referral to PT and HUB for improved care. (Matt, Les/Eric, Greg)
- 6.** Scheduling and planning for upcoming meetings to enable interested clinicians and staff to join. (Matt A and Colleen).