

Preventing Falls Starts with You!

Self-guided Training for Clinical Teams.

Why this training matters?

Falls are the leading cause of unintentional injury deaths among older adults. Early identification and referral can save lives. The FRAIL screen and referral process is built upon the Centers for Disease Control and Prevention (CDC) STopping Elderly Accidents, Deaths, and Injuries (STEADI) toolkit. This course gives clinical teams the tools needed to integrate fall risk screening into routine care.

What you'll learn.

- How to conduct practical STEADI-aligned fall risk screenings
- How to interpret screening results and assess risk
- How to refer patients to the Iowa Community HUB and evidence-based programs
- How to support fall prevention efforts across clinical and community settings



Course details.

- Online, self-guided modules (approx. 2 hours)
- FREE registration and CMEs
- Designed for clinicians, care coordinators, and allied health professionals

Take the Next Step



1. Scan the QR code or visit [STEADI Fall Risk Training](#) to register.
2. Reference Iowa HHS on the registration to register and waive fees. (*Training must be completed by October 15, 2026 to qualify*)
3. After registration, ISU will respond with a training link.
4. Begin the modules at your own pace and implement the tools in your practice.

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Need Support?

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Implementation technical assistance:
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