

# Sign up for a FREE Fall Prevention Screening!

*Did you know?*

Falls are the  
**leading cause  
of injury and  
injury death**  
among adults ages 65 and over

More than **1 in 4**  
older adults fall each year leading to

**36,000** deaths

**3M** emergency  
department visits

**1M** hospital stays

Older adult falls result in more than

**\$50 billion**

in **medical costs** every year.

**Medicare and Medicaid** shoulder

**75%**

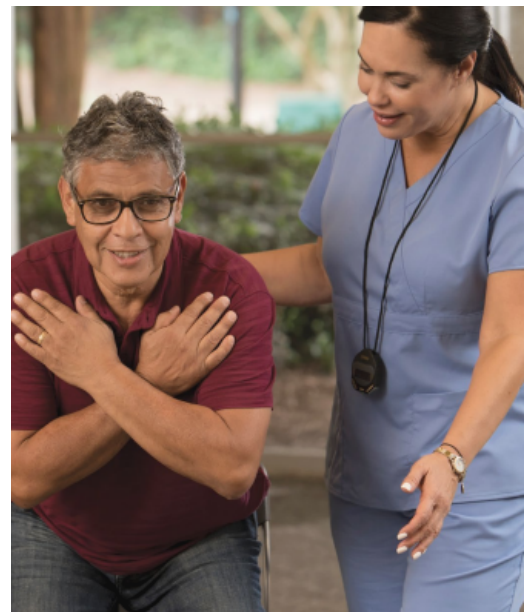
of these costs

Story County Extension is sponsoring  
**FREE fall prevention screenings** for older  
adults in Story County. The screenings are  
conducted by the ISU Walk with Ease program in  
collaboration with the Physical Therapy  
Department at Mary Greeley Medical Center.

Screening visits are only  
**20 minutes long** and involve a short survey and  
completing a few functional fitness assessments  
to test balance and gait.

*How do I sign up?*

**Reserve your time by calling  
515-239-2423**



A special fall risk screening is being  
held at Mary Greeley Medical Center

**Jan 9th 1:30-3:30.**

Location: Atrium A (located on the 2nd  
floor across from the entrance to the  
cafeteria)



Mary Greeley  
MEDICAL CENTER

Local screenings in Story County are part  
of a statewide initiative of the Iowa Fall  
Prevention Coalition and the Iowa  
Community Hub

