



Iowa Community HUB Website Launch: Statewide resource for programs and services that improve health, prevent injury, and enhance quality of life.

The Iowa Community HUB launched its new website this year providing a key resource for programs and services in Iowa. The website was designed with three main target audiences in mind:

Connect Individuals

We help individuals connect to health promotion programs and services within Iowa communities.

Support Organizations

We help build an organization's capacity to provide programs and services that address important health issues.

Facilitate Referrals

We make it easy for clinicians to refer to evidence-based interventions and social care services.

Community partners contributed ideas for the HUB website. Our hope is it will serve its purpose as a statewide resource for programs and services that improve health, prevent injury, and enhance quality of life. Check it out!
www.iacommunityhub.org

Iowa Medical Society's Washington Freeman Peck Award

CHPcommunity has been named the recipient of the 2023 Iowa Medical Society's Washington Freeman Peck Award.

This award is given annually by the Iowa Medical Society to honor a lay organization for its outstanding contributions to public health. CHPcommunity is being recognized for its diligent work to connect healthcare partners and resources across the community to enhance care coordination, care quality, and health outcomes for patients and community members.

The 2023 award winners will be recognized at the IMS President's Reception on Friday, April 21.
<https://www.iowamedical.org/event-5197097>



Move More: Greenbelt Landing Project – Enhancing Engagement and Support With Local Parks

The Greenbelt Landing Project is a plan for enhancing nearly 15 acres located on the east side of NW 114th Street in Clive, just outside the Aquatic Center. This project will enhance recreational opportunities, improve water quality, and help maintain wildlife habitat in a park contiguous with the larger Clive Greenbelt.

Plans for the updated space include enhancements for community gathering, nature exploration, exercise and engagement with the outdoors and include the following highlights:

- ✓ A stormwater treatment wetland of native plant species will be created to infiltrate and filter stormwater.
- ✓ An Americans with Disabilities Act (ADA) accessible boardwalk will provide educational access to visitors.
- ✓ Enhanced & restored riparian upland & lowland habitat using native plantings & create ADA access to Walnut Creek.
- ✓ Updates to the pond area that include a staging area for concerts and programming.
- ✓ Aligning the Special Events Building rental facility with public use demands.

Click [HERE](#) to learn more on the Greenbelt Landing Project.



Eat Well: Produce Prescription and Double Up Food Bucks Programs



The Iowa Produce Prescription Program is coordinated by the Iowa Healthiest State Initiative. Produce Prescriptions are a tool for health care professionals to address the social determinants of health by “prescribing” free fruits and vegetables to patients and their families.

Click [HERE](#) to learn more and to see if your family is eligible, contact the Healthiest State at info@iowahealthieststate.com.



Want to help SNAP participants receive FREE Fruits & Vegetables? Encourage them to learn more about the Double UP Food Bucks [HERE](#).

To participate in the Double Up Food Bucks program, simply encourage them to bring their SNAP EBT card to a participating location to get started. For every \$1 they spend on any fresh fruits and vegetables with their SNAP EBT card, they will get \$1 in Double Up Food Bucks. Spend Double Up Food Bucks for more fresh fruits and vegetables!



Feel Better:

With Spring comes new life and new beginnings. Spring is the time to try new things, overcome something that has been holding you back, or just a fresh chance to begin again. If you're looking for a place to start or spark some inspiration, check out Iowa Community HUB's Facebook groups on feeling better where you can make connections to the community or partner program services to "feel better." Check out our nutrition page for tidbits on nutrition and interactive chats. Lastly, it is a great resource to provide ideas to move more like pole walking, Walk with Ease and other available programs to inspire you to sprout into happiness this spring. Find us on [Facebook](#) or connect with us at [Iowa Community HUB](#).

Facebook Groups: <https://www.facebook.com/chpcommunityiowa/groups>

Nutrition with Adria

Positive Pole Walkers

Making Connections

Iowa Community HUB Partner Highlights

TOBACCO CONTROL



Participation Incentive for Pregnancy Program

Quitline Iowa's Pregnancy Program offers free support to pregnant individuals trying to quit nicotine. To learn more about the program click [HERE](#).

Lung Cancer Awareness Month

In observance of lung cancer awareness month, employee wellness staff provided Quitline Iowa and My Life My Quit tobacco cessation resources at the VA of Central Iowa primary care clinic for patients, their families and staff on Thursday, November 17th.

Learning Opportunity

The American Lung Association's ACT to Address Youth Cessation Training is a one-hour, on-demand online course that provides an overview for healthcare professionals, school personnel and community members in youth/adolescent supportive roles in conducting a brief intervention for teens who use tobacco. Click [HERE](#) to learn more.

Tobacco Cessation Resources Available

Help your clients, staff, family and friends quit tobacco this year with help from Quitline Iowa and My Life My Quit. Free resources are available to assist you with promoting these free tobacco cessation programs. To request our free tobacco education and cessation resources, fill out our online survey at [HERE](#).

Click [HERE](#) for full access to Tobacco Control quarterly newsletter.